

藝術紅亭子 LE PAVILLON
ROUGE
DES ARTS

SEASONAL TRAINING PROGRAMME

CHOREOGRAPHIC CREATION



with
Pôle Pik Choreographic Centre of Bron
Lyon-Bron, France





I. ABOUT THE PÔLE PIK CHOREOGRAPHIC CENTRE



It has been 20 years since the first hip-hop performance appeared in the French cultural scene. Throughout the decades, the hip-hop dance has livened up the theatre with its dynamic force and nurtured its own choreographers. Nowadays, the latter start to develop copyright writings and lead internationally renowned companies in which some of them are appointed to manage the National Choreographic Center.

Dance is in perpetual movement; multi-talented dancers engage in continuous trainings and keep searching for their own uniqueness. Today, dance is multicultural. The contemporary choreographers work with hip-hop dancers; classical ballets tackle the contemporary repertoire.

However, the contradictory part is that there are no recognized training courses although this prevalent dance is considered as a technique with its own specificity. Hip-hop dancers who are eager to advance in a more professional level develop self-learning.



The Pôle Pik Choreographic Centre



The Pôle Pik Choreographic Centre in Lyon-Bron (France) commits to support the development of hip-hop dance and respond to the needs of dancers who are looking for professionalization by offering recognized training programs.

This educational programme is part of a project led by Mourad Merzouki, founder and artistic director of Compagnie Käfig and director of the Choreographic Centre of Créteil and of Val de Marne. Founded in 2009, the Pôle Pik Choreographic Centre aims to strengthen the presence of artists and reinforce the cultural diversity in the territory. Linking art and culture, as well as artists, amateurs and inhabitants, the Pôle Pik Choreographic Centre unites the artistic community and the territory with hip-hop dance

« One of the most beautiful cultural successes of France. »
Annie Guillemot, Mayor of Bron

« A technical centre of dance who is opened to the world. »
Jean-François Carenco, Prefect of the Region

« A cultural creation place that pulls the neighborhood upward. »
François Lamy, Ministry for Political Affairs of the City



Artistic Projects



Our projects center around 3 axis, aiming to:

- support choreographic creation and distribution
- provide trainings for professionals dancers and amateurs
- further develop the synergy of different artistic teams and a territory around the hip-hop culture

The Pôle Pik organizes all-year-round activities on a regular basis:

- hosting of professional companies
- practical workshops of choreography for the public
- an entertaining programme and a master-class programme
- Festival of Karavel Dance (8th edition in 2014)
- an unique project of professional training programme “KAMPUS”

Our team consists of:

- 12 dancers and choreographers
- 6 permanent employees
- a large network of relay: social, cultural, educative actors

The building consists of:

- 2 studios: one for public accommodation, another one for video projection
- technical area for costumes, scenery decorations, sound equipment and lights
- a rehearsal room, dressing rooms and a kitchen



II. TRAINING PROGRAMME



The Choreographic Creation Training Programme

The training programme designed by the Pôle Pik Choreographic Centre and supported by le Pavillon Rouge des Arts offers a one-month practical and comprehensive training for professional dancers to learn the work of choreography: How to realize a choreographic project? How to put the concept of a project into practice? What are the steps behind this creative process? What methodology to adopt?

This training programme is designed to equip students with the necessary skills for artistic creation, from finding inspiration, investigating, making and composing movement to the final step of performing for the audience. Through different themed workshops, students will go through all phases of the creation of a dance performance, from technical to artistic parts.

During the training, participants will get familiar with all the different urban dance styles in order to be able to mix genres in an original creation. They will also work on « *Récital* », one of the iconic spectacles of Käfig Company created in 1998, to have a close and realistic look of a choreographic creation.

This summer programme offers a unique opportunity for participants to interact with different choreographic cultures taking reference from a repertoire performance.



The Programme

The training programme will kick off in early 2016, and will be led by Kader Belmoktar, Assistant of the well-known choreographer Mourad Merzouki and Dancer of « Récital ». Advice and technical demonstrations will be given to the participants throughout the training in order to help them stage a professional performance by the end of the training. A full scale performance will be held in front of the public audience in the premises of Pôle Pik.

The program consists of **20 days** of training for a group of **15 persons**. It includes 100 hours of courses over 4 weeks (5 hours per day). The training will be divided into two major stages:

Stage 1: Introduction to fundamental Hip-Hop dance techniques and overall dance development (50 hours)

- Review the overall level of students
- Identify the needs of individual participant
- Study the basics of different styles of Hip-hop dance
- Work on the development of dance, including the elements of composition, space, shape, timing, dynamics, solo versus group work and form and structure, contact, energy changes etc.
- Develop creativity such as the skills in improvisation

Stage 2: Choreographic creation and the remaking of « Récital » (50 hours)

- Discover the main techniques used in dance composition
- Individual and collective choreographic creation
- Work on scenography and lighting
- Study and recreate the classical performance « Récital »
- Public performance



Artistic Director of the Training Programme

Kader Belmoktar



Kader Belmoktar began his dance career in Valence in 1993 with the group STREET CULTURE. In 1997, he joins the TRACTION AVANT company, to create the show: *Désert*. In 1999, Mourad Merzouki offers him to play the Frank II Louise character in the show: « *Récital* ». This experience brings him to other creative projects with the Käfig crew: « *Pas à Pas* » (2000), « *Dix Versions* » (2001), « *Corps est graphique* » (2003). During the spring of 2004, Kader develops his first personal creation: *Phases Cachées*, a piece in which he directs five dancers from the crew and questions the weight and strength of the glance worn by the others upon us. Kader continues its collaboration with Mourad during the making of « *Terrain Vague* » in 2006. In the summer of 2007, he discovers a new world with its own codes and specificities: artistic ice skating, and works with the ice skater couple; Fabien Bourzat/Nathalie Pechalat, French vice-champions in 2007. He choreographed their free program by with the theme of 'madness'.

In 2007, he participates in the development of a show from the Käfig crew for children: « *Tricôté* ». In 2008, he helps Mourad Merzouki with the choreographic creation of « *Agwa* ». He regularly joins the crew when they tour as an artistic assistant. He also assisted Mourad Merzouki with the implementation of the 'défilés brondillants' at the Biennale de la Danse de Lyon in 2008, 2010 and 2012. His collaboration with Mourad Merzouki evolves more and more towards a great complicity that enables him to assist the choreographer in its creation work. In 2011 and 2012, he works with him again as a dancer this time for the new French/Taiwanese creation « *Yo Gee Ti* » from the Käfig company. Kader continues his artistic approach through transmission. He leads numerous dance workshops with a diversified audience: schools, hospitals, prisons. He is also committed to train future teachers.



III. « *RÉCITAL* », THE REFERENCE SPECTACLE



« *Récital* », one of the shows which marked the history of hip-hop culture: a curious composition of physical feats and poetic sweetness, where the energy of dance mixes humor with the sounds of violin and talk box. Created in 1998, this piece continues to meet public worldwide.

*« For *Récital* I wanted to develop a dance and musical work which merges the sounds of antipode with humor, in a space which we were strangers. To overthrow the established rules, to destabilize our vision of hip-hop: these are the elements that constitute the essence of this creation. » - Mourad Merzouki*

« *Récital* » is a funny composition where the energy of hip-hop mingles with the tones of the violin and talk box; an unusual dialogue between seven dancers and a musician; as well as an imagery of a classical music concert. Played 430 times in 189 cities across 35 countries, this daring creation brings the Kāfig worldwide fame.

Always having at heart to transmit his experience to serve innovative and international projects, Mourad Merzouki has initiated several transmission projects of this iconic piece. In 2009, he transmits « *Récital* » to Chinese dancers from the Beijing Modern Dance Company.



On the occasion of the Biennale de la Danse in Lyon in 2012, Mourad brought together on the same stage dancers of the original creation in the 80s and the battles dancers. Therefore, 44 hip-hop dancers from 4 generations took part in « *Récital 40* », played in several cities in France in 2014. It is part of the project "*Kampus*" implemented by the Pôle Pik Choreographic Centre.



In 2014, « *Récital* » is also at the heart of cultural action in the territory led by the National Choreographic Center of Créteil and Val-de-Marne: around 150 young dancers from Créteil seize the piece and practise it throughout the year. They are divided into groups and each group performs an extract of the spectacle at the "Jour de fête", namely the Créteil Festival Day.

Since 2013, « *Récital* » has participated in the Labanotation project, a dance notation system to record and analyze dance movement on paper. It is the first hip-hop creation to be recorded.

Finally, in 2013, Mourad has chosen India for a new adaptation of « *Récital* », with 8 young dancers from the Danceworx Repertory Company.

Credits

Artistic director and choreographer: Mourad Merzouki

Assistant choreographer: Kader Belmoktar

Music: Franck Il Louise

Lighting: Yoann Tivoli



IV. TRAINING SESSIONS FOR 2016

For the year of 2016, two sessions are opened for application.

Winter Session: 1 – 26 February 2016

- Schedule: 1 – 12 February: Stage 1
15 – 26 February: Stage 2 and Final Performance
- Application Deadline: 20 October 2015

Summer Session: 13 June – 8 July 2016

- Schedule: 13 – 24 June: Stage 1
27 June – 8 July: Stage 2 and Final Performance
- Application Deadline: 29 February 2016

PRE-REQUISITES

- Aged over 16 years old
- At least 2 years of dancing experience
- Prior knowledge of English

For any enquiries, further information concerning the cost of the training programme or application, please contact **Ms. Moni Chong**, Project Officer of PRAHK, on (+852) 9344 1617 or at contact@prahk.com.



V. CONTACT

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VI. OTHER INFORMATION FOR REFERENCE

Mourad Merzouki, Founder & Director of Pole Pik Choreographic Centre

- choreographer, a major figure on the global hip-hop scene for 20 years
- famous for his dramatic fusion of circus acrobatics, martial arts, and virtuoso street dancing
- founder of dance company (Hip-Hop) Compagnie Käfig, which the *New York Times* called “one of the most innovative troupes on the experimental dance scene”
- « *Pixel* », one of Mourad Merzouki's latest choreographic creations
 - extract: https://www.youtube.com/watch?v=z_Hu57QTqqE
 - full version: <https://www.youtube.com/watch?v=7NEIa2FSYo>
- youtube channel of Compagnie Käfig:
https://www.youtube.com/channel/UC-4crK4_Zw457VtYtFPx2SA
- Dance Festival KARAVEL 2015 organized by Pole Pik, 2-23 october 2015
<http://festivalkaravel.com/> (in French only)

Pole Pik Choreographic Centre of Bron

- a prestigious choreography center at Lyon-Bron (France), opened in 2009 and directed by Mourad Merzouki
- A peek at the centre:
<https://www.youtube.com/watch?v=Cnk-2b7JAKk> /
<https://www.youtube.com/watch?v=7NaDHjzlgIQ>
- Pole Pik Website (in French only): <http://www.polepik.fr/polepik.action>

« *Récital* », sample spectacle to be practiced and performed during the training

- extract of the original:
<https://www.youtube.com/watch?v=4156D6DNgRE>
- extract of « *Récital 40* » :
<https://www.youtube.com/watch?v=wuCZHWLokBY>



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